

SAT PREP BASKETBALL ACADEMY

DAILY SCHEDULE

Girls' Session

Thursday, August 2-Sunday, August 5

Boys' Session

Thursday, August 9-Sunday, August 12

THURSDAY

12:00 pm	Check in
2:00-4:00 pm	Classroom
5:00-6:00 pm	Dinner
6:00-10:00 pm	Gym
10:00-10:15 pm	Daily Wrap-Up

FRIDAY

7:00-9:00 am	Conditioning
9:00-10:00 am	Breakfast
10:00-12:00 pm	Classroom
12:00-1:00 pm	Lunch
2:00-4:00 pm	Classroom
5:00-6:00 pm	Dinner
6:00-10:00 pm	Gym
10:00-10:15 pm	Daily Wrap-Up

SATURDAY

7:00-9:00 am	Conditioning
9:00-10:00 am	Breakfast
10:00-12:00 pm	Classroom
12:00-1:00 pm	Lunch
2:00-4:00 pm	Classroom
5:00-6:00 pm	Dinner
6:00-10:00 pm	Gym
10:00-10:15 pm	Daily Wrap-Up

SUNDAY

7:00-9:00 am	Conditioning
9:00-10:00 am	Breakfast
10:00-12:00 pm	Fundamental Skills

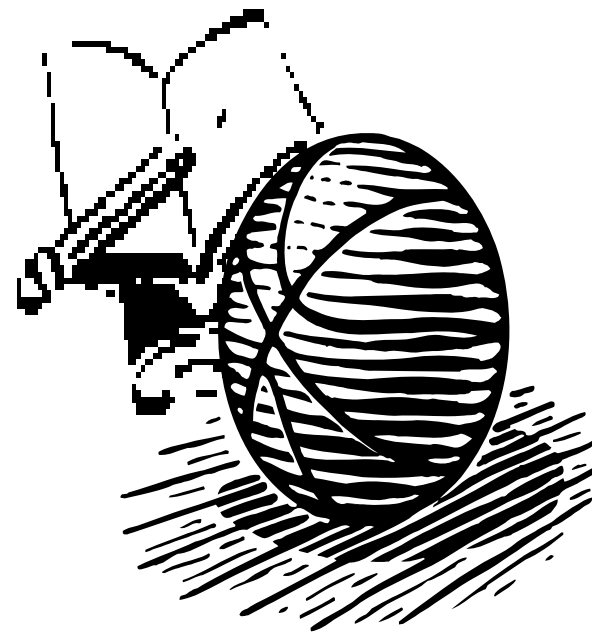
PLAY AND LEARN!!

Prepare for your SAT
in a fun and
creative environment.
All Academy participants will
spend part of each day in a
classroom learning
important test-taking
techniques and the rest of
the day training for
high-level competitive
basketball. The basketball
skills that will be drilled are
shooting, offensive footwork,
and dribbling.

BOYS & GIRLS AGES 13 TO 18



SAT PREP BASKETBALL ACADEMY



All sessions held
on the campus of
SUNY Old Westbury

GIRLS' SESSION

Thursday, August 2
Friday, August 3
Saturday, August 4
Sunday, August 5

BOYS' SESSION

Thursday, August 9
Friday, August 10
Saturday, August 11
Sunday, August 12

BERNARD TOMLIN

Bernard Tomlin is currently the Head Men's Basketball Coach and Assistant Director of Athletics at Old Westbury College, a position he has held for the past five years. Coach Tomlin has over 25 years of coaching and playing experience at the professional and collegiate levels. He was an All-Long Island player at Malverne High School, where he still holds the individual single game scoring record of 45 points. His accomplishments also include the top freshman scoring record at the University of Utah, with an average of 30.1 points per game, and the Hofstra University record for the most field goals scored in a game at 20. Tomlin was a sixth-round draft choice of the now Utah Jazz organization. Coach Tomlin has been honored by his peers as Coach of the Year several times: in 1998 while he was head coach at Stony Brook University he was selected Coach of the Year by the Division II New England Collegiate Conference; in both 2003 and 2004, while coaching at Old Westbury College, he was honored as Coach of the Year by the Skyline Conference. Tomlin's 2004 men's basketball team won the Skyline Conference championship and competed in the NCAA Tournament.

BASKETBALL ACADEMY

Coach Tomlin's vision for SAT Prep Basketball is to provide an environment in which athletes can prepare themselves for the all important SAT exam and improve their basketball skills during the off-season. The basketball portion of the program will focus primarily on conditioning and offensive development. In each session, the participants will develop individual workout regimens that will prepare them for the upcoming season.

Each workout will consist of conditioning, calisthenics, and stretching, followed by a session of intense offensive skill work. The fundamental skills covered during the program will include form shooting, proper use of pivots, dribbling, and passing.

The academy offers the option for you to stay overnight as a resident on the campus of SUNY Old Westbury College or to commute.

DR. IRA WOLF

Dr. Ira Wolf, a nationally known expert in test preparation, has been helping students reach their maximum SAT potential for over 30 years. He is the author of several books, including the Barron's bestsellers *How to Prepare for the SAT*, *How to Prepare for the PSAT*, and *How to Prepare for the SAT II: Math Level IC*.

Dr. Wolf's SAT book is the official text in SAT prep courses across the country and is used each year by hundreds of thousands of students. Dr. Wolf is also the founder and president of PowerPrep, which will run the academic portion of the SAT Prep Basketball Academy.

SAT PREP

PowerPrep is widely recognized as the most successful SAT preparation course on Long Island. Nationally, 38% of juniors actually earn lower scores on their SAT than on their PSAT, and for those who do raise their scores, the average increase is less than 40 points. By comparison, PowerPrep's students have an average improvement of over 250 points! This is a direct result of PowerPrep's unique curriculum and outstanding instruction. PowerPrep is under the direct supervision of Dr. Wolf, who will personally teach part of the course at the SAT Prep Basketball Academy this summer.

Each student will learn the important test-taking techniques that are unique to the SAT, as well as special strategies for handling every type of question that appears on the exam: critical reading, math and writing. SAT Prep Basketball Academy is offering a unique program for the high school athlete. The goal of the academy is to help students reach both their academic and athletic potentials.

THE CAMP

The academy will be held on the beautiful campus of SUNY Old Westbury. The Clark Center is home to three NCAA regulation indoor basketball courts. Old Westbury College also has a brand new weight room and a state-of-the-art cardio and aerobic training facility.

REGISTRATION

Name: _____

Address: _____

Telephone (day): _____

(evening): _____

E-mail address: _____

Date of birth: _____

Age: _____ Grade: _____

High school: _____

High school coach: _____

AAU team: _____

SAT Score: _____ PSAT Score: _____

EMERGENCY CONTACT

Name: _____

Telephone: _____

Relationship: _____

Please fill out registration and mail to:

Old Westbury College Foundation
Clark Athletic Center
c/o Bernard Tomlin
P.O. Box 210
Old Westbury, NY 11568

Please make checks payable to:

Old Westbury College Foundation

Full registration fee is

___ \$750 (Resident) ___ \$650 (Commuter)

___ Paid in full

___ \$250 deposit

Contact information:

SAT Prep Basketball Academy
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